



Pretty in punk

Anti-establishment designer Vivienne Westwood tones it down with 1950s-inspired feminine florals at London Fashion Week PAGE 16

FRIDAY'S JACKPOT

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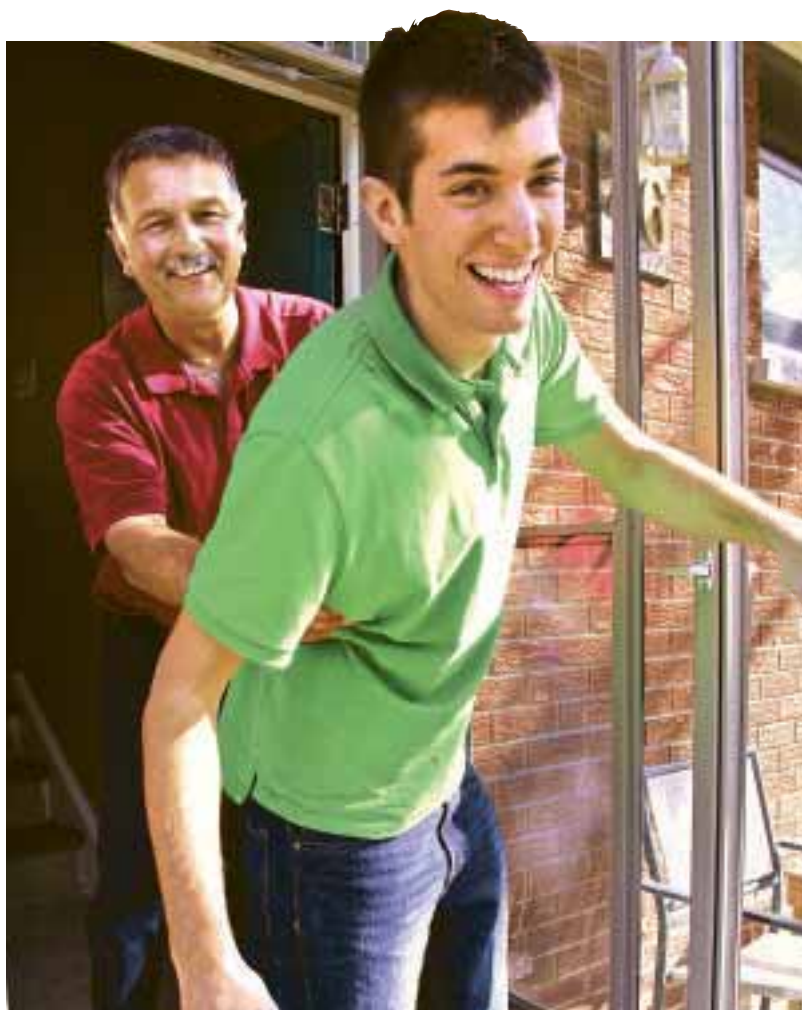
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Thursday, September 20, 2012



News worth sharing.

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Frank Dottermann, 55, left, gives his son, Craig, 22, a playful shove out the front door of their London home Wednesday. Craig Dottermann is among the 39.1 per cent of London area 20-somethings still living at home, according to new census data. For more on the census, see pages 3, 6, 7, and online at metronews.ca. ANGELA MULLINS/METRO

Census: Many 20-somethings staying home

Data. London bucking the provincial trend somewhat, but not far off national figures

Craig Dottermann isn't a big fan of the phrase "failure to launch." That's because it doesn't accurately reflect why many 20-somethings are still living at home with their parents, he says.

"I can kind of see where (people who use the phrase) are coming from. But I don't think — at least not for people in their early 20s — living at home is a failure-to-launch issue," the 22-year-old Londoner said. "In your early 20s, you're just getting out of university, college, and figuring out what to do."

For Dottermann, living on-and-off with his dad since graduating high school has meant being able to plan for the future without juggling the stress of rent and everything else that comes with leaving the parental nest.

Not-so-empty nest

Percentage of 20- to 29-year-olds living at home:

- Canada: 42.3
- Ontario: 50.6
- London area: 39.1
- Hamilton area: 53.3
- Windsor area: 52.8
- Kitchener-Waterloo-Cambridge area: 42.2

"I would say 90 per cent of (my friends) still live at home," said Dottermann. "They're in various positions. Most of them are working. A couple of them are going to school."

Fresh data from the 2011 census shows Dottermann, who has joined the military and will leave home in five weeks, and his friends are living a lifestyle that's quite common for young adults in Ontario.

Nearly 51 per cent of 20- to 29-year-olds in Ontario are still living with their parents, the highest percentage of any province. Young adults in Newfoundland and Labrador is

second at 44.7 per cent.

With 39.1 per cent of local 20-somethings still roaming the halls of mum and dad's castle, the London area is bucking the provincial trend somewhat. But it's not far off national data that shows 42.3 per cent of young adults are still at home.

It's hard to pinpoint exactly what's driving the local statistics. Zenaïda Ravanera, a demographer in Western University's sociology department, said it could be a number of factors. One might be that, given the job market, young people are leaving London to find work and are being forced into independence.

The cultural diversity of London's population compared to elsewhere in Ontario may also be the key factor. Fewer immigrants, Ravanera said, could mean a higher percentage of people fleeing the nest earlier.

"Children of immigrants, especially immigrants coming from non-European countries (Asia, for example), are more likely to live with their parents," Ravanera wrote in an email. ANGELA MULLINS/METRO



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Six years, eight months

Drunk driver in 'Baby Alex' case sentenced

Bonita Purtill of Woodstock has been sentenced to six years and eight months in jail for driving drunk and killing four-month-old Alexander Fleming.

Alex was killed in a crash on Thanksgiving Day in 2008. Purtill's pickup truck slammed into a Ford Fusion at the corner of Huron Street and Devonshire Avenue. Four-month-old Alex was in the Fusion. He would later die in hospital of a severed brain stem, a few days before he turned five-months-old.

Purtill, 48, was found guilty on June 30 of six counts, including impaired driving and criminal negligence causing death. She was also found guilty of two counts of failure to provide a breath sample and impaired driving and criminal negligence causing bodily harm to Alex's mother, Mary Rodrigues.

AM980/AM980.CA

Lockout

NHL cancels pre-season game in London

As it continues to negotiate with the NHL players' association, the National Hockey League has announced the cancellation of its 2012 exhibition schedule, which includes next Wednesday's Toronto Maple Leafs vs. Philadelphia Flyers tilt at Budweiser Gardens.

Management staff at the Gardens said earlier this week that refunds are available to those who have already purchased tickets to the game.

For more information, visit BudweiserGardens.com. **METRO**



Cycling for diabetes research

Rishi Saraf, 33, left, Sabrina Khan, 28, and Paul Szalich, 32, join fellow Shades of Green member Jody Romanovitch, 44, as he chugs through an eight-minute stationary-bike ride at the Juvenile Diabetes Research Foundation's 11th annual Ride to Cure event on Wednesday at Budweiser Gardens. The TD employees represented a small portion of more than 280 participants looking to raise \$80,000 for the JDRF. **JOHN MATISZ/METRO**

Census shows marriage on the decline in London

StatsCan. New numbers show the changing face of today's family

The institution of marriage is on the decline in the metropolitan area of London, according to new census data that offers fresh insight into the complex composition of Canadian families today.

The latest information from the 2011 census, released Wednesday by Statistics Canada, reveals the many different ways Canadians live together as a family unit: married, common-law, same-sex, with or without children and — tracked for the first time — in stepfamilies.

When the census was taken in May 2011, there were 132,285 families in the

census metropolitan area of London. Statistics Canada defines a 'census family' as being composed of a married or common-law couple, including those with children, or of a lone parent living with at least one child in the same household.

Married couples — those with and without children — make up 70.2 per cent of families in the London region. That's a decrease from the last census taken in 2006 when 71.5 per cent of couples were married. Common-law couples make up 12.7 per cent of the families, up from 2006.

Across Canada, the percentage of married couples has dropped over the last five years from 68.6 per cent to 67 per cent of all families. Couples living together without being legally married make up 16.7 per cent of all families across the

country, an increase from the 2006 census when it was 15.5 per cent.

The new census data shows some other interesting details about families in the London region:

- Stepfamilies — defined by Statistics Canada as couples living with one or more children where at least one child is the biological or adopted child of only one of the parents — represent 6.6 per cent of all families in the London region. This is the first time Statistics Canada has counted stepfamilies in a census.

- The percentage of people in the London region who are divorced is 8.2, up from 7.7 per cent in 2006.

- A total of 0.5 per cent of children under the age of 15 live with at least one grandparent instead of a parent.

Rhyme and reason

Statistics Canada uses the term census metropolitan area to describe any area with a population of at least 100,000, where the urban core of that area has at least 50,000 people. Looking at metropolitan areas this way takes into account the growing impact of suburban areas on Canada's largest cities.

- 17.2 per cent of families are headed by single parents: 13.8 per cent by single mothers and 3.3 per cent by fathers.

- There are 865 same-sex couples (0.8 per cent of all metro London couples), up from 665 (0.6 per cent) in 2006.

THE CANADIAN PRESS

40 km/h max. Cut speed limit in built-up areas to save pedestrians: Report

Lowering the speed limit on streets in built-up areas would significantly cut down on the scores of pedestrians killed every year in Ontario, a report released Wednesday concludes.

Among its 25 other recommendations, the review by the Office of the Chief Coroner urges municipalities to adopt a "complete streets" approach that takes into account pedestrian safety, and asks the province to adopt a strategy aimed at making walking both safe and convenient.

As a result, the report urges the default limit in the province

Findings

Some findings from Ontario's Office of the Chief Coroner:

- 67 per cent of fatalities were on roads with speed limits above 50 km/h.
- Seniors accounted for 36 per cent of deaths.

be reduced to 40 kilometres an hour — down from the current 50 — unless otherwise posted.

THE CANADIAN PRESS

CPRI. Psych tests ordered for suspect

A psychiatric assessment has been ordered for a 24-year-old Londoner charged in a Sept. 9 attack that severely injured a boy living at the Child and Parent Resource Institute.

Gregory Simard's lawyer, Gord Cudmore, and the Crown requested the 30-day assessment during a Wednesday court hearing.

Simard was in court as a judge fielded the request. It was his first trip to a courtroom since Sept. 11, the day after he was arrested.

All other hearings have been conducted via a video link from the Elgin-Middlesex Detention Centre, where Simard's psychiatric testing will be completed.

Cudmore declined comment Wednesday. Simard's par-



Gregory Thomas Simard
LONDON POLICE SERVICES HANDOUT

ents were in court.

The next hearing is scheduled Oct. 17.

Police have said Simard, a support worker at CPRI, took his 12-year-old victim from the cottage where he stayed before the assault. The boy was found in a wooded area of the facility's property at 600 Sanatorium Rd.

Charges

Gregory Thomas Simard, 24, of London is charged with:

- Attempted murder; uttering threats, forcible confinement; assaulting police.

- Committing an indecent act (unrelated to CPRI investigation).

Funded through the Ministry of Children and Youth Services, CPRI provides services to youths who are developmentally challenged or have acute behavioural problems.

ANGELA MULLINS/METRO

11 NEWS

Mobile news



Watch three filmmakers journey into hell. Scan the code to see "mind-boggling" footage of a lava-spewing volcano.

Cheeky Charlie spooks France

Nation on alert. Mag's crude, lewd drawings of Muhammad force France to step up security at embassies across Muslim world

A feisty French satirical weekly forced France to step up security at its embassies across the Muslim world on Wednesday.

The paper, Charlie Hebdo brazenly revived a formula it has already used to capture attention: Publishing crude, lewd caricatures of Islam's Prophet Muhammad.

Wednesday's issue sparked concerns that France could face violent protests like the ones targeting the U.S. over a film produced in California that have left at least 30 people dead.

The Charlie Hebdo drawings — some depicted Muhammad naked and in demeaning or pornographic poses — were met with a swift rebuke by the French government.

The principle of freedom of expression "must not be infringed," Foreign Minister Laurent Fabius said on French radio. But he added: "Is it pertinent, intelligent, in



Pakistan embroiled in worldwide protests: A Pakistani lawyer helps a colleague who fell during a scuffle with police in an Islamabad demonstration on Wednesday. The demo followed three days of violence in Pakistan sparked by the U.S. anti-Islam video. ANJUM NAVEED/THE ASSOCIATED PRESS

this context to pour oil on the fire? The answer is no."

France ordered its embassies, cultural centres, schools and other official sites to close on Friday — the Muslim holy day — in 20 countries.

It also immediately shut down its embassy and the French school in Tunisia, the site of deadly protests at the U.S. Embassy last week.

Riot police took up positions outside the maga-

zine's offices, which were firebombed last year after it released an edition that mocked radical Islam.

Anger over the film Innocence of Muslims has fuelled violent protests

from Asia to Africa. In the Lebanese port city of Tyre, tens of thousands of people marched in the streets Wednesday, chanting: "Oh, America, you are God's enemy!"

THE ASSOCIATED PRESS

Actress sues

First, riots... and now a lawsuit

An actress who appears in the anti-Muslim film that has sparked riots across the world is suing the filmmaker for fraud and slander.

Cindy Lee Garcia's lawsuit also targets Google in a bid to get the movie's trailer removed online.

The lawsuit filed Wednesday in Los Angeles claims the actress was duped by Nakoula Basseley Nakoula, the man behind Innocence of Muslims who has been forced into hiding.

The lawsuit says Garcia responded to an ad and thought she was appearing in an ancient Egyptian adventure film.

"The film is vile and reprehensible," Garcia's attorney, M. Cris Armenta, wrote in the document.

The film portrays the Prophet as a fraud, womanizer and child molester.

THE ASSOCIATED PRESS

Soldier thrown away 'like a tissue paper,' panel told

A former soldier says the military failed to keep a close enough eye on a suicidal Afghan vet the day he killed himself.

Kirk Lackie testified Wednesday at the Military Police Complaints Commission inquiry into Cpl. Stuart Langridge's death.

The inquiry was called following complaints from Langridge's family that the investigations into his suicide were botched. "The truth has not been told," Lackie said at the close of an emotional testimony.

Lackie said everyone on the base knew about Langridge's struggles with addiction, but dismissed them.

"There's a saying: The army uses you like a tissue

paper," Lackie said.

"As soon as they're finished with you, like a tissue paper they throw you away."

"And Stu, was to them, a really dirty tissue paper."

"They threw him away, but they just didn't want to throw him away, they wanted to scoop him under the carpet."

Langridge had been placed on a suicide watch and someone was supposed to check on him roughly every 30 minutes.

That wasn't what the logbook showed, Lackie said.

Langridge was found hanging at Canadian Forces Base Edmonton in March 2008.

Lackie was released from the military in 2010.

Over those years, he testified, he tried to tell military personnel what happened the day of Langridge's death but no one ever contacted him.

He was finally interviewed last week.

THE CANADIAN PRESS



Veteran Kirk Lackie testifies Wednesday. The Crown opposed his appearance on the stand because of a series of run-ins with the law. SEAN KILPATRICK/THE CANADIAN PRESS

Scholars in a tizzy. Did Jesus have a wife ... or maybe a female disciple?

Was Jesus Christ married? Is a scrap of papyrus suggesting he had a wife authentic?

The questions were talking points among scholars — not to mention ordinary folk — on Wednesday.

Scholars questioned the authenticity and significance of a discovery by a Harvard scholar who reported that a fourth-century fragment of papyrus provided the first evidence that some early Christians believed Jesus was married.

Karen King, a professor at Harvard Divinity School, announced the finding Tuesday at an international congress on Coptic studies in Rome.

Is it a forgery?

The fragment of papyrus is tiny, measuring four centimetres by eight centimetres, about the size of a small cellphone.

- **Named.** The text, written in Coptic, contains a dialogue in which Jesus refers to "my wife," whom he identifies as Mary.

Coptic linguist Wolf-Peter Funk said there were "thousands of scraps of papyrus where you find crazy things."

THE ASSOCIATED PRESS

Bliss in Berkeley

A landmark day for bisexuals

Berkeley, Calif., has become what is thought to be the first U.S. city to officially proclaim a day recognizing bisexuals.

The city council unanimously declared Sept. 23 as

Bisexual Pride and Bi Visibility Day.

Since 1999, bisexuals have claimed the date, and bisexual-pride events are held in Los Angeles, Boston, Chicago and other cities.

But Berkeley is believed to be the first city that has taken the step of formally acknowledging the day.

THE ASSOCIATED PRESS

Quoted

"I want Stu's ma and everybody to know the truth."

Kirk Lackie, testifying in Ottawa on Wednesday.



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Families

9.4M

Canada was home to 9,389,700 "census families" — married or common-law couples, or single parents — in 2011, 5.5 per cent more than in 2006.

Common-law couples

16.7%

For the first time, there were more common-law couples in Canada — 16.7 per cent of all census families — than single-parent families, at 16.3 per cent.

Same-sex couples

42.4%

Same-sex marriage nearly tripled as same-sex couples grew by 42.4 per cent. Same-sex common-law couples grew 15 per cent, compared with 13.8 per cent for opposite-sex common-law couples.

Single parents

8%

Single fathers grew by 16.2 per cent, compared with six per cent for single mothers, as lone-parent families grew eight per cent since 2006. Single mothers still constitute 80 per cent of single-parent families.

Stepfamilies

12.6%

Stepfamilies, counted for the first time in 2011, composed 12.6 per cent of Canada's 3.7 million couples with children. Nearly 60 per cent were "simple" stepfamilies: families in which the children are the biological or adopted offspring of only one parent.

Foster children

29.5K

The census counted 29,590 foster children aged 14 and under living in private households.

Empty nesters

44.5%

The number of couples without children at home (44.5 per cent) continued to outpace those couples with kids living at home (39.2 per cent).

Exclusively online

- Find out where Canada's highest proportions of single women and men are, the city with the largest number of same-sex marriages and more about your area on our interactive map at metronews.ca



From same-sex couples and single dads to foster kids and empty nesters, the "new normal" of the Canadian family is as diverse as the country itself, Statistics Canada reports. THE CANADIAN PRESS/TORSTAR NEWS SERVICE

GROUNDSHIFT FOR THE

2011 census. There's no such thing as a 'typical' Canadian family, a new report from Statistics Canada shows

The nuclear family is no longer the norm in Canada.

The mom-pop-and-three-kids-under-one-roof model that typified Canadian households of 50 years ago has morphed into a complex and diverse web of family ties involving living alone, remarriage, stepchildren, empty nesters and several generations sharing a home.

Statistics Canada has re-

leased the third tranche of new data from its 2011 census, this time portraying the changes in Canadian families and living arrangements over five decades.

Married couples are in a long-term decline, the number of single parents has risen and the size of families has shrunk. In 1961, the average family was 3.9 people, when the baby boom was in full swing. Now it's 2.9.

"We do see more complexity and definitely more diversity in families," Statistics Canada demographer Anne Milan said.

For the first time, Statistics Canada says there are more people living alone in Canada than there are couples with children. One-person households now

make up 27.6 per cent of all homes, a three-fold increase since 1961.

Meanwhile, couples with children have continued their decline, down to 26.5 per cent of all households, from 28.5 per cent in 2006.

Just 10 years ago, couples with children under 24 years old made up 43.6 per cent of all families (not including one-person households), by far the most typical kind of family.

Now, parents with children make up just 39.2 per cent of families, and a rising proportion of those parents are not officially married.

For the first time, Statistics Canada zeroed in on children living in foster homes and blended families. In a national count of fos-

ter children, the agency revealed there were 29,590 of them under the age of 14 in 2011. A measure of the number of stepfamilies showed that one in 10 children now lives in some sort of blended family.

In 2011, the most typical family was a couple with no children, continuing a pattern spotted in 2006. Statistics Canada found that 44.5 per cent of families have no kids at home, partly reflecting the aging of the baby-boomer bulge, the leading edge of which has started turning 65.

"The modern family is changing, and I think it's a wonderful thing," said Shannon Kennedy, an Ottawa-based wedding planner who finds herself on the front

lines of fluctuating living arrangements on a daily basis.

"The rules of a nuclear family just don't apply any more."

The wide variety of family ties is throwing Kennedy for a loop. Emily Post, the guru of etiquette for most of the 20th century, is no longer of much help, she said.

"You don't necessarily have two families. In some cases, you have four families coming together at a wedding."

"Any scenario where you get more than one mom involved, you have to kind of juggle that," she said with a chuckle.

"The best thing about modern weddings is, there are no rules."

THE CANADIAN PRESS



FAMILY

FAMILIES BY PROVINCE

	CENSUS POPULATION	% MARRIED COUPLES	% COMMON- LAW	% LONE PARENT	Avg. # KIDS AT HOME	% PEOPLE LIVING ALONE
CANADA	11,350,700	67.8	16.3	16.3	1.8	27.0
N.L.	159,365	71.7	12.9	15.3	1.6	22.2
P.E.I.	40,859	72.7	11.3	16.1	1.7	25.1
N.B.	770,065	68.8	16.2	15.0	1.7	27.9
N.S.	224,560	67.8	16.9	15.3	1.6	26.0
Q.B.	3,203,630	61.8	14.6	19.6	1.7	32.2
ONT.	3,612,205	72.3	16.8	10.9	1.8	25.2
MAN.	3,278,075	71.8	17.8	10.4	1.9	28.2
SASK.	285,370	71.5	12.5	16.4	1.9	27.9
ALTA.	999,530	72.8	15.6	11.6	1.8	24.7
B.C.	1,238,155	71.7	18.0	10.3	1.7	28.3
YUKON	9,330	94.4	4.1	1.5	1.7	30.7
N.W.T.	10,030	88.8	10.7	1.5	1.9	21.6
NUUNAVUT	7,780	94.5	3.9	1.6	2.3	18.2

New census data from Statistics Canada prove there is no such thing as a "generic" Canadian family. The numbers have significant implications for policy makers and social scientists who design programs for foster children, stepkids, single mothers and fathers, senior citizens living alone, "boomerang kids" living with their parents and all the other variations of modern family life. **THE CANADIAN PRESS**

Adulthood, interrupted: 'Boomerang kids' are an ongoing trend: Census

It's the home-game grudge match of the 21st century: The baby boomers versus the boomerang kids. And the kids, it seems, are winning.

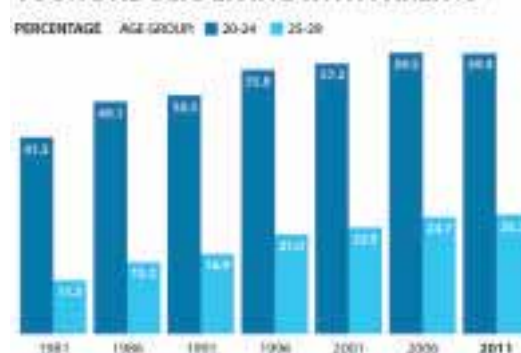
Canada's nests aren't quite as empty as they were thought to be, data from the 2011 census shows. Some 42.3 per cent of young adults aged 20 to 29 are living with their parents, down slightly from 42.5 per cent in 2006, but still well above the level of 26.9 per cent in 1981.

Christina Newberry was one of them — twice. First, when she was 21, newly graduated from university and trying to find her way in the world. Then again, eight years later, she went back to get her bearings in the midst of a divorce.

"My parents' house became a place to sort of take a chance to regroup and figure out what was next," said Newberry, a Vancouver-based author and freelance writer. "It wasn't even a financial issue, because by then I had a good job and could take care of my own bills. It was more just needing to figure out what to do next."

While many young adults

YOUNG ADULTS LIVING WITH PARENTS



More young adults are sticking close to the nest. **THE CANADIAN PRESS**

in their early 20s stay at home while in college or university — mainly due to a lack of money — those closer to 30 who opt to return tend to do so after a traumatic moment in their lives, such as the breakup of a relationship or the loss of a job, Newberry said. They usually stay just long enough to get back on their feet.

Social attitudes toward young adults living with their parents are changing dramatically, said Rod Beaujot, a demography professor at the University of

Western Ontario.

"There's the greater acceptability of living with parents when you're older — on the part of the parents, on the part of young people," Beaujot said.

"In the past, living at home was quite constraining on children, because they had to live under their parents' supervision. I think parents are much more open to children having their own life, including, of course, their own love lives, even if they're living at home."

THE CANADIAN PRESS

Full house

The "failure-to-launch" phenomenon is alive and well in Canada, the 2011 census suggests.

- The census found 25.2 per cent of young adults between the ages of 25 and 29 living at home in 2011, up slightly from 24.7 per cent in 2006 — and more than twice the percentage in 1981.
- The number of young adults between the ages of 20 and 24 who lived with their parents remained virtually unchanged from the last census — down to 59.3 per cent in 2011 from 59.5 per cent in 2006.
- Young men are more likely than young women to live at home, Statistics Canada said. One possible reason, the agency suggested, could be because women tend to get into relationships earlier than men, so they move out sooner to start their own households.

Same-sex marriage. More gay couples exchanging wedding vows

Seven years after Ottawa gave its blessing to same-sex marriage, it's clear Canada's gay and lesbian couples have been seizing the wedding day.

Same-sex marriage nearly tripled between 2006 and 2011, while the number of same-sex couples jumped 42.4 per cent during the same five-year period, Statistics Canada says.

The agency counted 21,015 married gay and lesbian couples and another 43,560 in common-law relationships. The number is a sizable jump from the 2006 census, which counted same-sex couples for the first time and enumerated 45,350 of them — 7,465 married and 37,885 common-law.

Wider societal acceptance has likely played a role in the rising numbers, said demographer Rod Beaujot of the University of Western Ontario.

"It's become more acceptable for people to declare their relationships, including on the census," Beaujot said.

THE CANADIAN PRESS

Data glitch

Oops — just friends

An unexpectedly high number of same-sex marriages in places like the oilpatch left census-takers scratching their heads — until they realized many of the "couples" were only splitting the rent.

As a result, Statistics Canada said Wednesday, the agency may have overestimated by as many as 4,500 the number of same-sex married couples in parts of the country.

The agency held back some census data on gay and lesbian married couples when they realized they couldn't be certain if some people were married or just roommates.

THE CANADIAN PRESS

Flying solo. Lone-parent families on rise, with more dads raising kids alone

More Canadians than ever — many of them fathers — are confronting the plight of the single parent in an age of economic uncertainty, the new census suggests.

The number of single parents jumped eight per cent between 2006 and 2011, including a 16 per cent spike in the number of single dads. Single mothers, who still constitute about 80 per cent of all single-

parent families in Canada, rose by six per cent.

Lone-parent families represented 16.3 per cent of all census families in 2011, nearly twice the percentage 50 years ago. In 1961, roughly two-thirds of lone parents were widowed, and the rest were divorced or separated, with a small percentage never having been married. Now, half are either divorced or separated. **THE CANADIAN PRESS**

LONE-PARENT FAMILIES

A look at the Top 10 communities (population 10,000 or more) with the largest proportion of lone-parent families, according to 2011 census data:



Going it alone, from coast to coast. **THE CANADIAN PRESS**

Canucks happy to dodge sales tax where they can

No guilty feelings. New survey finds that only 30 per cent think it's wrong to avoid tax by paying in cash

The vast majority of Canadians pay taxes each year, but a new survey suggests they are prepared to cheat at the margins if they think they can get away with it.

The survey for H&R Block

Canada found 55 per cent of respondents saying that when dealing with a contractor, they would opt to pay cash to avoid sales taxes.

And they are not feeling overly guilty about it either. Only 30 per cent said they thought the avoidance wrong. Among young Canadians aged 18 to 34, only 17 per cent said it was wrong to avoid paying the sales tax.

The findings don't seem to be related specifically to sales taxes, which range from a low

of five per cent in Alberta to a high of 15.5 per cent in Prince Edward Island.

A majority of Canadians believe they shouldn't have to declare bartered transactions, nor do they feel workers in the service industry like waiters and bartenders should need to declare tips as income.

"I think it boils down to people feeling they pay enough tax, that they shouldn't have to pay anymore," said Cleo Hamel, a senior tax analyst with H&R Block.

Another factor may have to do with the recent introduction of the HST combining federal and provincial sales taxes in Ontario and Quebec, which increased the number of services subject to higher combined tax rates.

But Hamel said Canadians should be wary of cheating the tax man. If caught, they are liable not just for the tax, but also penalties that can double the amount owing. The government also has the option of prosecuting tax cheats.

Underground economy

Statistics Canada estimated the underground economy was about \$36 billion in 2008.

- Underground activities were most prevalent in the construction industry, retail trade and accommodation

and food services.

- The agency said evidence suggests underground activities declined from 2.7 per cent of gross domestic product in 1992 to 2.2 per cent in 2008.

The online survey of 1,500 Canadian adults was conducted by Leger Marketing

over three days between July 30 and Aug. 1.

THE CANADIAN PRESS



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Swiped! Groupon launches card-reader attachment

Groupon launched a new payment service Wednesday that allows businesses to run credit cards using an iPhone or iPod Touch, thus becoming the latest company to seek a portion of that growing market. It will go up against eBay Inc.'s PayPal unit and Twitter co-founder Jack Dorsey's Square, which also allow merchants to swipe credit cards on their phones using a small card-reader attachment. Groupon

South Africa

Wage agreement ends deadly mining strike

Lonmin Platinum's 28,000 miners celebrated a wage deal Wednesday that ended a deadly strike in South Africa. At Marikana, the location of the protracted strike, thousands gathered and sang the national anthem in piercing heat.

Workers cheered and laughed as they walked into the Wonderkop stadium near the mines. Many said they were happy to return to work Thursday, and glad that the strike that saw 45 people killed has finally come to an end.

THE ASSOCIATED PRESS

Market Minute

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Natural gas: \$2.762 US (-1¢)
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AN UNTAPPED MARKET: SONG SEQUELS



HE SAYS...
John Mazerolle
metronews.ca

If you're looking to make it big in the music industry, I've got just the solution.
Hard work? Talent? Originality? Excuse me while I take a drink so I can spit it out in a comedic

fashion.

No, my idea will work precisely because it is so lazy and unoriginal: sequels. We need to write song sequels.

Think about it. What industry, like music, has less to do with skill and more to do with giving the mouth-breathers what they want? The movie industry, of course.

And there's no more sure a bet at the movies than a sequel. Of the top-10-grossing movies so far this year, eight were sequels, reboots or adaptations.

If the movie industry can have a huge hit with Ice Age 4, just imagine what the music industry can do with future hits like Mr. Tambourine Man 2: Electric Boogaloo. Here are a few ideas to get you started.

Song ideas 2: Seems to me I've heard this song before ...

- Call Me Maybe 2: Call Me Maybe-er: In this romantic romp, a mysterious stranger gives Carly Rae Jepsen HIS number. Will she stay with Mr. Ripped Jeans, or run off with the "new guy/who makes me feel so high?" Maybe both!
- In the Year 2526: Man is still alive ... but for how long?
- Psycho Killer Episode I: The Phantom Menace: In this much-anticipated prequel, we learn that the psycho killer was once a young whiny teenager who had infinite potential but was portrayed by a terrible actor. The bridge is something about a tax dispute.
- Rock and Roll Part 2, Part 2: Same as Part I, except the "Hey!" is spoken solemnly by Morgan Freeman, for a touch of gravitas.
- The Boxer 2: The Whores on Seventh Avenue: You think you know the full story, but you don't. Listen to the story of a boxer and fighter by trade, from the vantage point of the Pretty Woman who loves him! But will she "lie lie lie" to get him?
- 100 Problems: Jay-Z has no problems with his girl, but he wasn't counting on ... a new baby! Feel bad for his daughter.
- Johnny Be Even Better!: Johnny is now a man and the leader of a big old band. But as people come from miles around, the theatre is slated for demolition. Can Johnny play his way out of this one?
- American Pie Crossover: Hot Cross Buns!: Don McLean sings about making love to an apple pie and grabbing the hot buns of Lady Liberty. The lyrics are cryptic, but you know what he's singin' about! (Wink!)
- Escape From The Bridge Over Troubled Water: The emotional tsunami of the original is replaced by a real tsunami. And, in the shocking climax, either Simon or Garfunkel will die (not Simon).

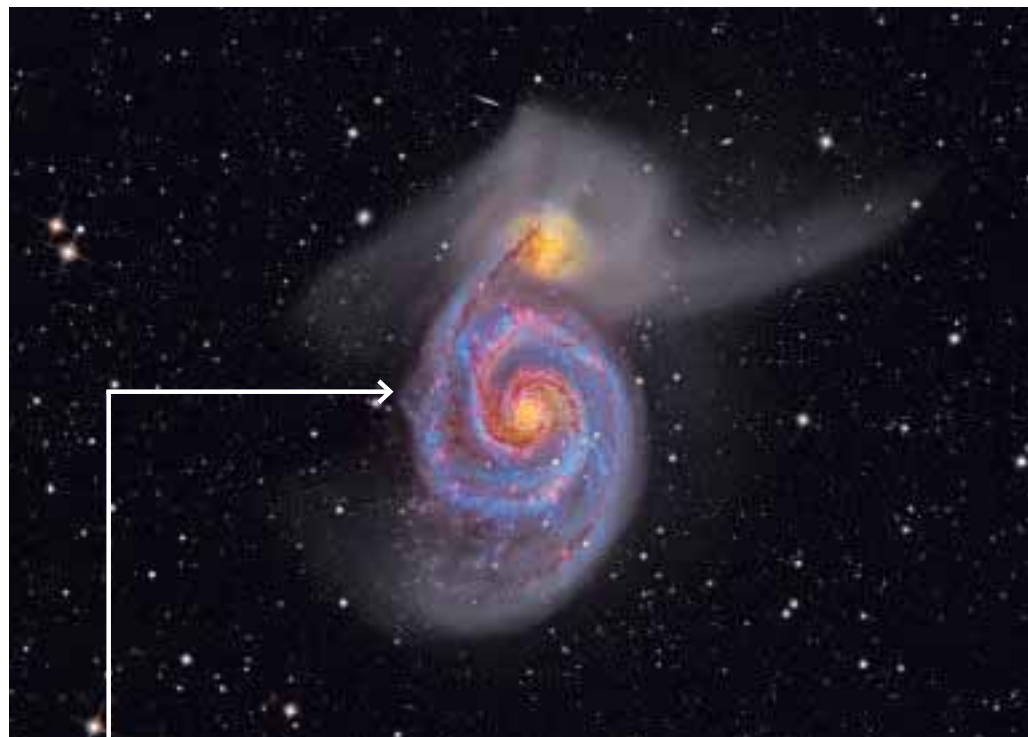
And there you go. If you use any of my ideas, I will be deeply honoured and flattered. Also, I will be suing for \$10 million for theft of intellectual property and loss of livelihood.
So get writing!



A strategic career song for Jay-Z: 100 problems, and a baby is one.

GETTY IMAGES

The deep space whirl



MARTIN PUGH

Astrophotography

Stunning star snap taken by amateur

Australia-based Martin Pugh has been named the Royal Observatory's Astronomy Photographer of the Year.

Pugh's image of the Whirlpool Galaxy (also known as M51), which also won the Deep Space category, was taken using a 43-centimetre-diameter PlaneWave telescope at an observatory in California's Sierra Nevada Mountains. **METRO**

Galaxy in numbers

37,000,000

light years is how far the Whirlpool Galaxy is from Earth. Pugh acquired his winning photo following a total exposure time of 28 hours.

Q & A

Better than Hubble

Marek, you were one of the competition's judges. What's so special about this image?

The technical skill in capturing the detail, the image's beautifully framed composition, and the sense of the infinite universe. The photographer has made the most of exceptionally good atmospheric conditions to capture an astonishing range of detail in his image of this iconic galaxy: The beautiful spiral structure,

dark lanes of dust, and the way the pink clouds of hydrogen really stand out. Here, you can see the small companion galaxy being gradually torn apart by the gravity of its giant neighbour. It's a remarkable achievement by an amateur astronomer. In many ways, it's better than an image by the Hubble Telescope.

This image is perhaps not the most eye-catching, but because of the amount of fine detail, it's a winner.

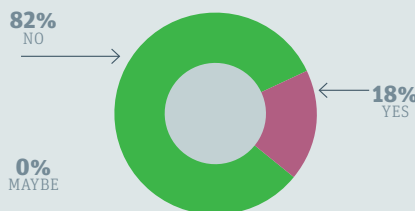


MAREK KUKULA
Royal Observatory Public Astronomer



Register at metropolitanpanel.ca and take the quick poll

Will you be lining up for the iPhone 5?



Twitter

@jonpilon:

In a Rogers store now and wow do they really push Android phones. Telling customers that they are years ahead of the iPhone 5.

@Coatez:

When it comes to math, listen to the guy with the pony tail. #westernu

@whatthamehek:

I think we can all agree that today is a lovely day to be on cam-

pus #westernu

@mmaritiaah:

Ohhhh boy this 7am alarm is going to come way too fast #studyingproblems #toomuchschool #uwo #WesternU

@jo_mAmA:

I apologize to those who follow me solely for a follow back, then unfollow. My account is messed and will unfollow when unfollowed. Follow?



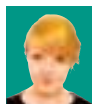
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2
SCENE

Homecoming for Great Lake Swimmers

Forest City ties.

Toronto-based indie band performing at Aeolian Hall for a sold-out show



BACKSTAGE PASS

Amanda Grant
london@metronews.ca

On Thursday night, Great Lake Swimmers return to London, performing at a sold-out Aeolian Hall.

If you ask local fans of the band they'll be quick to tell you it's the venue to see the Toronto indie group live.

"They recorded an album there," they'll say.

And it's true, in 2007 the band recorded most of its popular release *Ongiara* at the hall, a claim to fame the Forest City won't soon forget.

The point is, Great Lake Swimmers have a history in London.

The band's frontman and creative force, Tony Dekker, is a Western graduate and its longtime producer, Andy Magoffin, kept his studio, The House of Miracles, based in the city for years.

Today, Dekker calls Toronto home and the band's latest album *New Wild Everywhere* includes a track recorded on the deserted subway platform of Lower Bay Station.

The song *The Great Exhale* is one example of Great Lake Swimmer's affinity for location recordings, opting for alternative spaces, churches, halls and the great outdoors, over a traditional studio experience.



Great Lake Swimmers will perform music from the 2012 release *New Wild Everywhere* Thursday at Aeolian Hall. HANDOUT

That's what drew Dekker to Aeolian five years ago.

"It's just something about the acoustics in that space," Dekker said.

Thursday's return to his old stomping grounds is a welcome date on a busy tour schedule, Dekker said.

"It's kind of nice to know a little bit about what we're getting into, about what to expect," Dekker said. "It's always a really special show

at Aeolian."

Great Lake Swimmers will be joined at the hall by Peterborough band The Kindness Killers.

"They do this really cool old-timey music," Dekker said.

"I first met them at a festival in St. John's. I was sitting in the back of the room and they were playing these old cover songs, and it made me feel like I had my own

Around town

- **Music.** Friday night, experimental heavyweights U.S. Girls and Slim Twig perform at APK Live. Tickets are \$5 and the music starts at 10 p.m.
- **Art.** Saturday, Museum London hosts a lecture series on artists and how to protect artist communities. The event starts at 1 p.m. and features presentations by artists and curators in London.

personal jukebox."

"We're excited to have

them along with us," he added.

On the web



Qriket

R. Kelly makes Soul Train history as most nominated act ever, Usher leads with 5 nods

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Connie Britton steps into boots of a hardworking recording artist on show

Nashville. Actress speaks about her new role on a show that shares the details of professional world in Music City

AMBER RAY
Metro World News

It's a risk to hinge a show named *Nashville*, detailing the ins and outs of the record business in Music City, on an actress who has no professional singing experience. If the actress is Connie Britton, however, that's a gamble worth taking.

Britton is a calm powerhouse onscreen, bringing strength and complexity to roles on *Friday Night Lights* and *American Horror Story*, both of which earned the Boston native Emmy nominations. On her new series, Britton plays Rayna Jaymes, a country queen whose singing career has recently hit a speed bump.

She's presented with the option of co-headlining a tour with the genre's hot new thing, a Taylor Swift-like pop tart (Hayden Panettiere), which sets up the show's central rivalry. But here you'll also find family drama that blurs into corrupt local politics, broken love stories and music.

In anticipation of the *Nashville* premiere, we passed Britton the mic, and she sang the praises of her new series.

What made you say this is a role I have to play?

Rayna is a really, really strong character. She's a self-made character and she's a survivor. It's an interesting thing to watch where she finds her strength; she just pulls from whatever she knows to keep going. She supports her family and she has created this career not out of folly, but because she really needs it as a woman and as a person kind of moving away from her (father's) legacy and creating her own path. Rayna has lived a life with her band members and she's had a relationship with the head of her band and now she's in this marriage. There's a lot of back-story, and I don't want to give it all away.

How much does the established artist versus young upstart conflict between Rayna and Juliette Barnes (Panettiere's character) play into the overall plot?

I never saw the show in those



Actresses Connie Britton and Hayden Panettiere speak about their new show *Nashville*. FREDERICK M. BROWN/GETTY IMAGES

terms, and I'm working hard to not have the show become about (a young versus old rivalry), because I certainly don't feel old and I'm not interested in playing old. I don't want it to be about

one woman versus another woman. I think what our two characters represent is two people in very different phases of their life and different phases in the music business. Our show is called *Nash-*

ville, and a big part of that is the music business. And so I think our two characters are a gateway into that story.

How will their relationship play out?

Knowing Rayna the way I do, I think that there's going to be redemption for everybody involved. I'm always interested in that.

Do you intentionally look to

Details

Where can you watch the show?

- On CTV Two. *Nashville* begins airing on CTV Two on Oct. 10

play strong women?

I try to play such different characters, but there's always one strong intent, and that is to play women in a way that portrays them as powerful and true and complex and comfortable in their own skin, even in the midst of crisis and chaos, whatever form that takes. In TV we have a lot of opportunity, we're seeing a lot of really strong women characters on television. But I like to play a strong woman who is also accessible and vulnerable and has a lot of the same qualities as most women do. I think that people appreciate that and my hope is to keep doing that.

Does your child struggle with his or her weight?

Do you and your child want to talk about ways to address the challenges to living a healthier life?

If your child is overweight and between the ages of 8-14, you and your child may be eligible to participate in **"C.H.A.M.P. Families"** at Western this October.

"C.H.A.M.P. Families" is the first phase of a project that focuses on the development of a parent-focused program for obese children and their families.

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at 519-661-2111 x. 82214
or sburke9@uwo.ca

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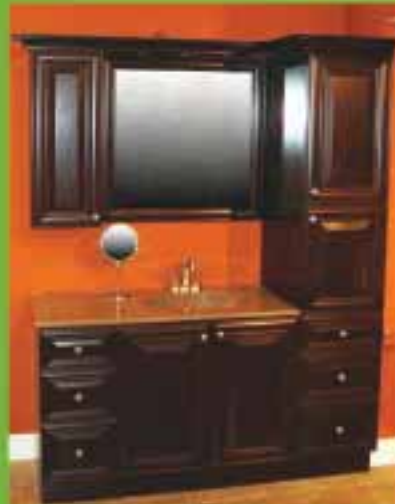
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metro

If you don't know him, you should

Q&A. Metro recently sat down to chat with Tiësto, the world-famous DJ who is making waves in electronic dance music

MICHELLE CASTILLO
Metro New York

Calling Tiësto the world's biggest DJ might be a slight understatement. More than one million people across six continents attended his 15-month 2010 Kaleidoscope World Tour, including the final date in Los Angeles where he performed before an audience of 26,000 fans — the most ever in U.S. history for a single DJ event.

That's not to mention his recent compilations and albums *Club Life: Volume One* Las Vegas, *Kiss From The Past*, and *Club Life: Volume Two* Miami, all which have become hits in the dance music world. We caught up with the Dutch DJ at the Electric Zoo Festival in Randall's Island, New York City, to talk about his upcoming tours, his foray into fashion and why his mom's home cooking is the best.

You're about to go on stage at Electric Zoo. What can people who are coming to your show expect.

I thought about it a lot today. I'm going to play a lot of hard stuff. It's outdoors right before the darkness, so I'm going to play a lot of hard stuff and a couple of focal tracks and a few new tracks of mine.

I understand you're going on a U.S. college tour. Why colleges and why that age group?

First of all, it's a great crowd to play for. They're all fresh and hungry for dance music. I think not many people have seen me at that age. I always get a lot of tweets and requests (about) when am I going to play under-18 shows. I can't do that anywhere. This is the closest I can get where I can reach my younger audience.



Tiësto, 43, hails from the Netherlands. GETTY PHOTO ORDERED

You have a Guess fashion collection coming up. Tell me a little bit more about what inspired you.

I always liked Guess, and I met Paul Marciano, and I went to dinner with him. He's a big Tiësto fan, and I was always a big fan of his campaigns. So I was like why don't we do anything together? We started thinking about it, and it spontaneously came together very organically.

Is there going to be a lot of dayglo? Neon colours?

No, for the first part of the collection I tried to keep it very basic because I didn't have much experience yet. I didn't want to go to crazy.

So what are we going to see a lot of?

Very basic colours. A nice black leather jacket. Lots of T-shirts. Very simple, but a lot of detail. The women's collection is more exciting than men's.

Have you always been into fashion?

As I started to become a bigger DJ, I became more into fashion. I couldn't afford it back in the day. I had other things on my mind!

I like it when people dress nice, when you see a girl and a guy put in a little effort, it looks good. I really appreciate that.

You're headlining the Staples Center in October. Why did you want to return to L.A.?

It's been a while since I've

been in L.A. Staples Center is such an iconic venue, and I've always wanted to play there. It was available that day so I said let's do it!

You're from the Netherlands. When you are on tour what food do you miss the most?

My mom's food of course! She makes very good chicken. She makes chicken with raisins and rice and a special sauce. No one else can make it. It's really good. It's not really Dutch food I think.

Typical Dutch food is snacks.

Coming from the Netherlands, what have you noticed about people around the world?

I noticed that a lot of people are actually the same around the world, but there's just a communication failure. People misunderstand people's culture, but if you really get to the culture, it's really the same around the world. But, because the way you express yourself is different than you do in Europe, people misunderstand you.

I'm not going to make you pick the country with the best fans, but which country has the craziest fans?

I think Mexico has crazy fans.

Quote

"I think people in the EDM world are very free and very liberal, that's why it's so attractive to everybody. In general people are so positive. If you go to an EDM festival, there's never fights, there's no violence. People love each other and support the music, and it's the best crowd there is in any music genre."

Tiësto

When I play there, they have complete squares with my names on it. Crazy fans!

Are you surprised how global electronic music has become?

I'm surprised and so happy. I came to the U.S. in 2000 for the first time and I never thought it was going to be like this.

I was playing in Vegas only three years ago, and I was like, "I would love to have a residency to play every week here because I love Vegas." But, everything was hip-hop. I told the promoter I worked with then, and he said 'Yeah it would be great if you could do it, but it will never happen.' We were both like it will never happen. And it's here.

The song that put you on the map was the remix of the Pirates of the Caribbean theme song. Are you sick of that song now?

Yeah. I must say. I always look at the future. I don't look very much in the past. Everything I did in the past I don't play much anymore. It's such a different time now, a different sound. I miss those days sometimes, but that was then. It was a different period in my life and now I'm here. I don't play Pirates of the Caribbean; I haven't played it in two years. It would be weird to play it now because it doesn't fit my sound. Maybe if I do a complete old school set?

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Angelina Jolie and Brad Pitt. ALL PHOTOS GETTY IMAGES

Angelina Jolie makes her brother a maid of honour

While the date of Angelina Jolie and Brad Pitt's wedding may still be a mystery, some of the other details are coming together — like who will be by the bride's side through the ceremony.

Jolie has reportedly enlisted her brother, James Haven, to serve as her maid of honour — of sorts — for

the big day, according to Heat.

"James was thrilled to accept his little sister's offer. Angie has always related to men better than women," the source says. "As well as growing up with James, she bonded more with the jocks than the cheerleaders."

Paltrow lets her kids only watch cartoons in foreign languages

Gwyneth Paltrow isn't above letting her two children — 8-year-old daughter Apple and 6-year-old son Moses, watch a little TV, but she has some conditions.

"I only let them watch TV in French or Spanish," Paltrow tells InStyle magazine. "When I'm in France, I go to (Boulevard) Beaumarchais and buy all their cartoons."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Shocker: Lohan arrested again



THE WORD
Dorothy Robinson
scene@metronews.ca

Lindsay Lohan was arrested again — I could type that phrase with my eyes closed at this point — in New York City on Monday night.

Lohan was at the wheel when her Porsche pulled up to the Dream Hotel in the Meatpacking District around 12:30 a.m., hitting an unidentified man in the knee.

Reportedly "unaware" of the accident, Lohan and her crew went into the hotel before authorities could arrive.

She was arrested upon leaving about a half-hour later and released without bail since the charge is only a misdemeanor.

The man checked into a nearby hospital,

but there were no visible injuries, according to sources.

Per TMZ, Lohan is saying the accident is "really fishy" because the man didn't appear to have any visible injuries and feels she's the victim of a set up.

And surveillance video supports that — it apparently shows her accuser was exaggerating.

Conspiracy or no, this brings up a few questions:

1. Why is Lindsay Lohan driving in New York City?

If I can afford to take a cab, she can afford to take a cab.

2. How much is her car insurance? It must be more than my take-home salary at this point.

3. Who is her current lawyer? He's the hardest working man in show business (besides Kirstie Alley's tailor) and yet no one knows his name.

Twitter



@ElizabethBanks

Catching up with news and my take-away is this: Kate Middleton is even more flawless than previously assumed. #RoyalAbs



@ZoeyDexchannel

I just want to wear sweaters and coats but the universe isn't playing along.



@EllenPage

Dear America, I've a very important question. Why are chickpeas called garbanzo beans here? Thanks



@SarahKSilverman

A bull in pretty much any shop is gonna be a mess



Sofia Vergara

"Do you know who I am?" Apparently not, Sofia

Sofia Vergara didn't have as nice of a night out in Hollywood recently as she'd been expecting. The Modern Family star hit The Parlor to meet up with a group of friends but was denied access as the bar

was at capacity, according to Hollyscoop.

According to onlookers, Vergara blew up at the bouncer, shouting, "Do you know who I am?"

A friend who was already inside came out to see what was going on and joined in yelling at the bouncer before Vergara stormed off. She later took a moment to blast the venue on Twitter, posting that it is the "worst sports bar in LA!"

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3
LIFE

On the web



Qriket

Kate Moss, Lana Del Rey at British brand Mulberry's '70s-inspired fashion show

London calling!

From neutrals to bold colours, from the masculine to the feminine, from the '50s to the future and back again: London Fashion Week's lady is one of contrasts and undeniable cool.

RICHARD PECKETT
life@metronews.ca



Paul Smith

Of course, Paul Smith, best known for his classic tailoring, couldn't go so far as to omit his signature pieces from his latest outing — but he did introduce a few fresh ideas. Color-blocking ran through the collection from airy, pleated skirts slit high to mid-thigh, billowing dresses and shirts, to pajama-esque pants. New ideas aside, it was the high-waisted, mannish-style cropped trousers that proved to be the biggest success, while the striped stirrup pants and tightly cut jackets read a touch awkward.

Vivienne Westwood

Vivienne Westwood's show consisted of '50s-inspired lady-like pieces: cocktail dresses, jacquard skirt-suits, fitted frocks and flared skirts, headscarves and twin-sets with painted faces in yellow, green, pink and blue make-up. Seemingly pared-down for Westwood but then there was a live performance by Rooster with singer Sara Stockbridge to ramp up the anti-establishment punk vibe.



Sass & Bide

Sass & Bide's Sarah-Jane Clarke and Heidi Middleton toyed with the idea of masculinity and femininity. That trope surfaced as white and black, silk versus embellishment and the reinterpretation of the tuxedo. Dresses came with structured origami pleats, sometimes edged with embellishment or featuring the camellia flower — a symbol of perfection. There were shots of hot colour too, with the introduction of fluoro orange shells and silver paillettes.

Issa

Designer Daniella Helayel was obviously feeling hot, hot, hot on the run-up to her latest outing. Vibrant, popping colours (hot pink, orange, reds and yellows) welcomed the dawn of a '70s tropical Garden of Eden, complete with orchid-styled hairdos. Billowing caftans, tiered full-length smocks, kimonos and maxi cuts all made their way down the runway. That said, it was the halterneck jumpsuits that were the racier and more daring standouts in this collection.



Nicole Farhi

Nicole Farhi bid farewell (kind of) to her label with a perfectly sculpted and cerebral collection. Next season sees the inception of Joanna Sykes at the creative helm, although Farhi will still be involved with the label in some capacity. The 66-year-old was inspired by the way in Carrara, Italy, changing light levels cast shadows across the marble mountains there. Her passion for artisan sculpture, fabrics and silhouettes was clear from the complex pleats that represented the shadows on her neutral colour collection.



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Hot, salty ragout complements flavours of scallops, other seafood

Grilled Scallops with Corn, Bacon & Red Pepper Ragout



This recipe serves four. ROB FEENIE'S CASUAL CLASSICS: DOUGLAS & MACINTYRE

Rob Feenie first wowed diners with his innovative tasting menus at the inventive Lumiere restaurant in Vancouver. Today, he creates delicious family-style recipes for Cactus Club restaurants with thousands of people of all ages enjoying his signature dishes.

But before he became Canada's first Iron Chef America champion, Feenie paid his culinary dues with stints at Alsace with Chef Emile Jung at Au Crocodile and Antoine Westermann at Buerehiesel, both Michelin three-star-rated restaurants, in Chicago with Charlie Trotter and in New York with Daniel Boulud and Jean-Georges Vongerichten.

Among the recipes in the chef's book Rob Feenie's Casual Classics is this scallop dish.

"This dish makes an excellent starter for a meal or a nice lunch when served with a simple green salad," Feenie writes in the book. "I use Qualicum Bay scallops and peaches-and-cream corn, both of which are local products, but you can substitute other varieties of either."

"The hot and salty ragout is an especially good combina-

Ingredients

- 1 tbsp soy sauce
- 1 tbsp rice vinegar
- 1 tbsp fresh lemon juice
- 2 slices smoked bacon, in 1/4-inch dice
- 1/2 cup diced red onions
- 1 cup corn kernels, cut off the cob
- 1/2 red bell pepper, in 1/4 inch

- dice (about 1/2 cup)
- 1 Thai chili, seeded and finely minced
- Juice of 1 lime (about 1 tbsp)
- 1 tbsp unsalted butter
- 12 large scallops (muscles removed from sides if present)
- 1 tsp extra-virgin olive oil
- 1 tbsp finely chopped cilantro

tion with scallops, but it's also delicious with baked halibut or grilled steelhead salmon."

1. In a small bowl, combine soy sauce, rice vinegar and lemon juice. Set aside.

2. Heat a large frying pan on medium. Add the bacon and cook for 2 to 3 minutes, stirring, until crisp. Stir in onions, corn, bell peppers and chili and sauté for 2 minutes, then add lime juice and butter.

3. Season with salt and pepper, reduce the heat to low and simmer while scallops are cooking. (Or refrigerate the ragout in an airtight container for

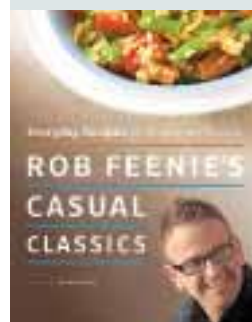
up to two days.)

4. Preheat a stovetop grill or a barbecue to medium-high. Warm a plate in the oven at 200 F. Pat scallops dry with paper towels and season with salt, pepper and a dash of olive oil. Grill scallops for 2 minutes, turn over and grill for another 1 minute. Transfer to the warm plate.

5. Divide the ragout evenly among 4 plates and top each serving with 3 scallops. Spoon about 2 tsp of the soy dressing over each plate and garnish with cilantro. Serve. **FROM ROB FEENIE'S CASUAL CLASSICS BY ROB FEENIE (DOUGLAS & MACINTYRE)**

Cookbook of the Week

Simple yet special



Rob Feenie, the longtime leader in the casual fine dining movement, reveals his favourite recipes in Rob Feenie's Casual Classics: Everyday Recipes For Family and Friends.

The book brings together the best innovative and approachable meals.

From such fundamental recipes as Roasted Tomato Sauce and Juicy Poached Chicken to globally inspired dishes like Barbecued Duck Spring Rolls, Quinoa Jambalaya and Braised Osso Buco, these are real-life modern classics that are adaptable to budgets, dietary restrictions and busy schedules.

METRO

For those cool days. Easy Cream of Chicken Soup

"This soup makes me think of my early cooking days, around age 18, when I was apprenticing and had to make this dish for an exam," writes Rob Feenie in Rob Feenie's Casual Classics. "It also reminds me of a soup my mom made with turkey around Christmastime."

Garlic Croutons

1. Preheat oven to 325 F. Place

bread cubes in a medium bowl.

2. In pot, heat olive oil on medium-low, add garlic and stir constantly, for 1 to 2 minutes.

3. Pour garlic oil over bread, toss lightly and mix in Parmesan. Add black pepper and salt. Arrange bread cubes on a baking sheet and bake for 10 minutes, or until golden brown. Re-

move from oven; set aside.

Chicken Soup

1. In bowl, combine butter and flour to form a smooth paste. Set aside.

2. In a large pot, bring chicken stock to a boil on medium-high heat. Reduce the heat to a simmer and stir in whipping cream (or milk). Whisk in the butter-

flour mixture, then cook, stirring often, for at least 10 minutes, until flour is cooked and soup has thickened slightly. Add chicken and heat through. Season with salt to taste.

3. Ladle soup into bowls, top with croutons and sprinkle with Cheddar, and serve. Refrigerate leftover soup in an airtight container for up to 3 days.

Ingredients

Garlic Croutons

- 1/2 baguette, in 3/4 inch cubes
- 1 tbsp extra-virgin olive oil
- 1 tsp chopped garlic
- 1/3 cup freshly grated Parmesan cheese
- 1/2 tsp cracked black pepper
- Pinch of Maldon salt

Chicken Soup

- 2 tbsp butter, softened

- 2 tbsp all-purpose flour
- 8 cups chicken stock
- 1 cup whipping cream or whole milk
- 1 1/2 cups shredded poached chicken (page 108 of Rob Feenie's Casual Classics for recipe)
- 1/2 cup grated aged white Cheddar cheese

FROM ROB FEENIE'S CASUAL CLASSICS BY ROB FEENIE (DOUGLAS & MACINTYRE)

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It's starting to smell like fall

Fragrances. These days there are endless ways to add a special scent to your home

When the lazy days of summer give way to hectic fall schedules, there is nothing like dashing in from the cold and being enveloped by a home filled with delicious smells.

Home fragrance products have exploded into a \$5 billion industry, with candles, diffusers, room sprays and oils offered everywhere from drug stores to high-end retailers. There are many use-what-you-have, do-it-yourself options as well.

The idea is to create an inviting, comforting and calming environment, whether you're having 20 people for a sit-down dinner or simply hanging out on the couch for the evening.

"This is a time when people are spending more time at home, and they want that cosy, holiday, warm feeling, and maybe you want that even when you're not entertaining — you want it on a Tuesday night when you're watching TV," said Jessica Romm, lifestyles editor at Martha Stewart Living.

"Fragrance is a really nice way to do that."

Once comprised mostly of candles and potpourri, the home fragrance market took off in the mid to late 1990s, and retail sales in the United States hit a high of \$5.3 billion in 2011, according to Karen Daskow, industry manager for consumer products at Kline and Co., a market research company in Parsippany, N.J. Sales last year were up four per cent over 2010, she said.

Today's offerings include



Yankee Candle Signature Reed Diffuser in Spiced Pumpkin



Jo Malone London Luxury Candle in Pomegranate Noir



Yankee Candle Home Fragrance Oil in Macintosh



Glade's Seasonals Fall Plug-ins Scented Oil 2 CT Refill Maple Pumpkin Twin pack 1.34 oz.



Glade's Fall Collection Blackberry Jam Candle



Glade's Seasonals Fall 9.7 oz. Premium Room Spray scented with Maple Pumpkin

candles, room sprays, reed and plug-in diffusers, wax melts, essential oils, and old standards like drawer liners and sachets. Many products now offer a more sophisticated scent and they're more decorative as well, Daskow says.

Just as there are scores of scents to choose from (Yankee

Candle has about 200 candle fragrances), the prices vary greatly. "It can range from a Renuzit adjustable (air freshener) for 99 cents up to a Jo Malone scented candle that's in excess of \$100," Daskow adds.

In fact, Jo Malone's luxury candle offers 230 hours of burn time and sells for \$425, while a

large Yankee Candle that offers up to 150 hours of scent costs \$27.99. Crabtree & Evelyn has scented sprays for \$19, while French perfumer Frederic Malle's "perfume gun" spray sells for \$145.

Whatever your budget, try to capture the natural smells of the season in a simple and

minimal way, Romm says. She mentions masculine scents like wood and leather, and the smells of seasonal fruits and vegetables, such as pumpkin, apple, pear and squash.

"You'd think about meals that you're cooking or things you would have around — fruits of the season or spices

you might use," Romm said. "Our philosophy in terms of home fragrance is to not battle or compete with what you would naturally have in your home during the fall."

A good way to carry fragrance through your home is to use multiple products at once, says Hope Margala Klein, executive vice-president for brand, design and innovation at Yankee Candle.

"We recommend a layered approach, with the candle being the focus," she said.

About an hour before guests arrive, a host might light a candle — or a no-flame alternative if kids or pets are an issue — in each of the major entertaining spaces, such as the kitchen, dining room and great room, and accent those with diffusers. "By the time guests get here, the house smells amazing," Klein says.

Don't forget to add a glow to the bathroom, where you may also want to display a can of room spray for a concentrated burst of fragrance if needed, she recommends.

The amount of scent you should use depends on the size of your home.

"People who have enormous rooms would probably need more," Klein said. "Or if you're living in a small apartment in New York City, you could probably do one candle for the whole place. You don't want it to overpower folks."

Romm is partial to DIY home fragrance, like setting a pot of apple cider with cinnamon or cloves to simmer on the stove, displaying a pretty bowl of cinnamon sticks, or drying sliced apples on parchment paper in the oven on low heat.

"You can serve it just as guests are arriving so that smell fills your home," she said. **THE**

ASSOCIATED PRESS



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Omar Vizquel watches his eighth-inning double against the Yankees in New York on Wednesday. The hit moved the Toronto infielder ahead of Babe Ruth on the all-time hits list. BILL KOSTROUN/THE ASSOCIATED PRESS

Sweet day for Vizquel at Yankee Stadium

MLB. 45-year-old infielder passes Babe Ruth in career hits

There was a chocolate bar sitting on the top shelf of Omar Vizquel's locker just after the Jays 4-2 loss at Yankee Stadium Wednesday afternoon.

Not just any chocolate bar; it was a Baby Ruth.

Vizquel, and the growing number of reporters descending on his locker, knew the connection immediately. Vizquel had just tied, and surpassed, Babe Ruth on baseball's all-time hits list.

"Somebody put it there, I don't know who," a beaming Vizquel said as he drove out two hits to reach 2,874 in his career, and pass the Babe into

Quoted

"I think when you get enough hits to tie one of the greatest hitters of all time, it's an amazing feeling."

Jays infielder Omar Vizquel, who surpassed Babe Ruth on baseball's all-time hits list, reaching 2,874 with two hits on Wednesday.

sole possession of 41st all time.

Vizquel's amazing feat brought some levity to the Jays locker room, and franchise for that matter, after the Yunel Escobar suspension Tuesday.

Escobar was suspended three games for a homophobic slur he wrote on his eye-black stickers over the weekend. He is not allowed to be with the team at the ballpark during his ban.

The Jays lost for the fifth time in their last seven games, and couldn't quite manage enough run support for a very

good Henderson Alvarez, so a dose of good news was welcome to say the least.

Vizquel, at 45, and with a career that spans three decades in the major leagues, slapped a single off Andy Pettitte in the fourth to tie Ruth, then went past him with a double off David Robertson in the eighth.

Alvarez started slowly, allowing three runs on three hits and a sacrifice-fly in the first, then limited the Yanks to just two more hits over the next six innings. He said he simply got more aggressive with his fast-

ball and changeup, and the result was a third straight strong outing.

But the Jays tapped out just four hits over five innings off Pettitte, who was making his first start in 72 games due to a leg injury.

They came alive off Robertson in the eighth, with four hits, but still failed to deliver a knockout inning.

So, as the Yankees scored an insurance run in their half of the eighth inning, the Jays were left to celebrate Vizquel's accomplishment.

"Mentioning my name next to his (Ruth) makes me feel so little. Never in my career, and it's been a long one, did I think I'd get to compare my hits to the Babe, it's an amazing feeling," said Vizquel.

TORSTAR NEWS SERVICE

NFL

Twitter threats not getting to Morgan

Washington Redskins receiver Joshua Morgan felt the full downside of the social media age this week, receiving death threats and other venomous messages on Twitter because of his fourth-quarter blunder in a loss to the St. Louis Rams.

"I heard everything, especially when they get you on Twitter and are sending you death threats and wishing you bad things and your firstborn," Morgan said. "You never let it get to you, especially with me being from D.C."

Morgan received a penalty for throwing the ball at Cortland Finnegan, costing the Redskins field position during the team's final drive in Sunday's 31-28 loss. THE ASSOCIATED PRESS

NFL

Manning returns to practice after 1st loss with Broncos

If Peyton Manning is sore, he's not saying. If his confidence is waning, he'd be the last to let anyone know.

Back practising following his first loss as a Denver Bronco, Manning wouldn't offer much Wednesday when asked if the hits he took against Atlanta had any lasting impact.

"I've never really answered that question before. So, I'm full participation in practice," Manning said. THE ASSOCIATED PRESS



Broncos quarterback Peyton Manning. THE ASSOCIATED PRESS FILE

Mobile sports



Qriket

The road to the 2013 World Baseball Classic starts this week and it will be anything but easy for Canada. A 16-team qualifying round for the event begins with the top squad from each four-team pool locking up a spot in next year's Classic.



Andrew Ladd skates at an informal practice in Winnipeg on Wednesday. THE CANADIAN PRESS

NHL lockout reverberates across hockey

The NHL lockout is only a few days old but its effects are already being felt around the league.

With a number of big-name players heading for Europe, NHL employees were informed Wednesday that their salaries are scheduled to be cut 20 per cent across the board. That will come into effect on Oct. 1, when full-time staff are reduced to a four-day work week.

The news was delivered by commissioner Gary Bettman during a Wednesday morning staff meeting, according to league spokesman Gary

Quoted

"It doesn't look positive. It could be a season-long break."

Rick Nash, to newspaper Sudostschweiz upon arrival in Switzerland to play with HC Davos. The former London Knights star said he believes the lockout could last the entire season — just as it did in 2004-05.

Meagher.

The NHL also announced the cancellation of pre-season games through Sept. 30, as well as the postponement of the Kraft Hockeyville pre-season game scheduled for Oct. 3

in Belleville, Ont., to the 2013-14 season.

Unlike in September 2004, when more than 50 per cent of NHL employees were laid off just days into the lockout, the league is trying to avoid cutting staff. Deputy commissioner Bill Daly told The Canadian Press over the weekend that there were no immediate plans for layoffs, although multiple sources who attended Wednesday's meeting said employees were warned that further cuts could be coming.

A number of teams, including the Ottawa Senators and

Heading east

On Wednesday, Jason Spezza signed a deal with Rapperswil-Jona in Switzerland, Anze Kopitar agreed to join brother Gasper with Mora in Sweden and Russian stars Alex Ovechkin (Moscow Dynamo) and Pavel Datsyuk (CSKA Moscow) each returned home to play in the KHL.

Florida Panthers, announced layoffs earlier this week. THE CANADIAN PRESS



Messi to the rescue

Lionel Messi, right, celebrates with FC Barcelona teammate Cesc Fabregas after scoring his team's third goal Wednesday against FC Spartak Moscow in Barcelona, Spain. Messi scored two late goals to give the home side a 3-2 win in the Group G UEFA Champions League match. DAVID RAMOS/GETTY IMAGES

Jones back in comfort zone ahead of UFC 152 contest

MMA. Opponent Belfort says he looks forward to challenge of fighting the young champ in a heavier weight class

Despite a bumpy road of late, UFC light-heavyweight champion Jon (Bones) Jones says he is back in his comfort zone ahead of his UFC 152 title defence Saturday against Vitor (The Phenom) Belfort.

"I'm home," the 25-year-old Jones told reporters after an open workout Wednesday at the Xtreme Couture gym in Toronto. "MMA, it's my livelihood, it's my sanctuary."

"And even though this gym isn't my gym, I feel as if I'm in a sanctuary. Fighting and moving my body and breaking a sweat, that's what makes me feel alive. I'm just grateful to be here. I'm grateful that there's people here that care and I'm going to entertain them."

He will do so against a beefed-up Belfort, who volunteered to move up a weight



Vitor Belfort conducts a workout at the Jaco Hybrid Training Center Monday in Delray Beach, Fla. CHRIS TROTMAN/GETTY IMAGES

class and fight Jones (16-1) when other light-heavyweights backed off.

Belfort will be giving up 10 years and four inches in height to the six-foot-four Jones.

"I love challenges," the Brazilian said cheerfully. "I've been part of this sport for 17 years. I came from the era of Dan Severn, Mark Coleman. It's a joy, it's just a blessing to still be around."

A bearded Jones was wear-

ing a Nike Bones Knows T-shirt. But the son of a New York state pastor acknowledged that he is the first to admit he does not have all the answers.

"Let alone figuring out what life is like being a champion, figuring out what life is like being a 25-year-old father growing up under a microscope, it's tough man, it really is," he said.

"But if I were to sit here and make my life sound as if

Jones' troubles

In recent months, Jones has endured a drunk-driving charge and a very public spat with UFC president Dana White after Dan Henderson withdrew from UFC 151 through injury.

- Jones refused to fight middleweight contender Chael Sonnen on short notice, prompting an enraged White to cancel the event.
- White and Jones are slated to meet here for the first time since the messy disagreement.

I had the hardest life, it would be a shame. There's people out there who live way harder lives than I do. So I'm not going to complain.

"I'm just extremely grateful to be where I'm and I'm going to continue to try to do my best and I hope that the fans bear with me because it's not always going to be perfect."

THE CANADIAN PRESS

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Horoscopes

Aries

March 21 - April 20
The Sun's entry into your opposite sign of Libra on Saturday will bring partnership problems to the forefront and this time you must not run away from them. Power struggles are likely but you were born a winner — so win.

Taurus

April 21 - May 21
Travel plans and social activities will be disrupted over the next 24 hours, and most likely it is you who will be doing the disrupting. It's OK to have second thoughts. It's OK to change your mind.

Gemini

May 22 - June 21
One of the best times of the year begins this weekend when the Sun moves into the area of your chart that governs romance and creativity. Today, do only what feels right to you. It's OK to be selfish.

Cancer

June 22 - July 23
There is a danger today that you will come on too strong and provoke some kind of backlash. Maybe that is the price you have to pay for being honest about what you believe. The truth must not be denied.

Leo

July 24 - Aug. 23
If you are wasting your money on things you don't need, there is still time to cut them out of your life, but you have got to be quick. Very soon, the matter will be taken out of your hands. Act now.

Virgo

Aug. 24 - Sept. 23
Although the Sun leaves your sign this weekend, that's not an invitation to slow down. Other influences indicate that your momentum will keep you going at breakneck speed for some time to come. Enjoy.

Libra

Sept. 24 - Oct. 23
The Sun is moving closer to your birth sign and already you can feel the positive effects. For best results though you should focus your aim and concentrate on those two or three things that mean the most to you.

Scorpio

Oct. 24 - Nov. 22
Today's cosmic picture warns in no uncertain terms that if you lose your temper, for even a moment, it will be you who loses out in the long-term. Take nothing too seriously and find ways to relax.

Sagittarius

Nov. 23 - Dec. 21
One of the best times of the year for friendships begins very soon, so strive to be open to everyone you meet. This is also a good time to get more personally involved in some kind of social movement.

Capricorn

Dec. 22 - Jan. 20
You have accomplished a lot and have a right to feel pleased with yourself but don't take it easy because there is still more to be done. You were born to be a winner, so get out there and compete.

Aquarius

Jan. 21 - Feb. 19
You may be tempted to do something out of the ordinary today but if you are smart, you will wait for the Sun to move in your favour during the weekend. Good times are coming sooner than you think.

Pisces

Feb. 20 - March 20
What seems so confusing now will seem simple a few days. However, today's influences will bring out your passion for something, or someone, to a degree that could cause problems, so think before you act.

SALLY BROMPTON

Crossword: A Cold Measure and a Hot Band

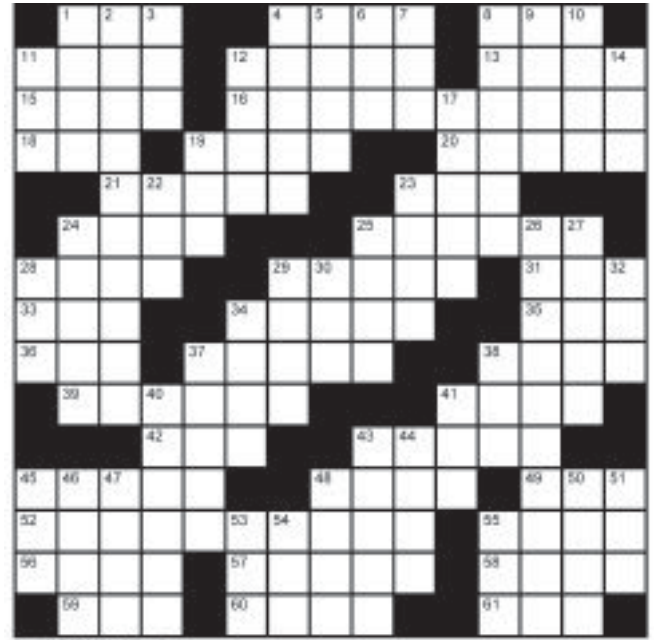
BY MICHAEL WIESENBERG

Across

1. Island: Fr.
4. Certain hockey shot
8. Affectionate touch
11. Campus Greek house, briefly
12. Circle, square, or triangle, e.g.
13. "Are you ___ out?": query to a hesitant poker player (2 wds.)
15. Acorn-dropping trees
16. Snowfall measure
18. "This is dedicated to the ___ I love"
19. Commanded, old-style
20. Sandwich cookies
21. They play their home games at BC Place Stadium in downtown Vancouver
23. Cowardly person
24. Fly by oneself
25. Surprisingly [or not more (than)] (2 wds.)
28. Greek crosses
29. Elliott of *Ocean's* 11, 12, 13
31. Bill's "excellent adventure" partner
33. "___ Could Turn Back Time": 1989 Cher hit (2 wds.)
34. 1,000 kg
35. Small battery
36. "___ amis": start of a French speech
37. Dummies or spinning toys
38. TV award
39. Saskatchewan capital
41. Salesmen, for short
42. Bruce of karate fame
43. ___ Leaf
45. Sales talk
48. ___ Pilot: PDA
49. Father
52. Montréal-based 2011 Juno Album of the Year winning group (2 wds)
55. Cold cut cutting locale
56. MTV viewer
57. Where to bowl
58. One of the Great Lakes
59. '01, '02, etc.: abbr.
60. "Beware the ___ of March": Julius Caesar
61. Winter time in Manitoba: initialism

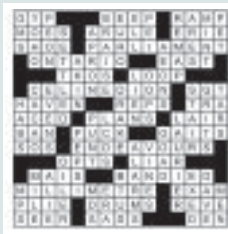
Down

1. Persia, now
2. Banff National Park's best known tourist destination (2 wds.)
3. Some Spielberg visitors
4. Moults
5. Reporter Lois of the *Daily Planet*
6. Likely
7. Maritime Province: initialism
8. PM Trudeau
9. Early poker pot maker
10. Matador's opponent
11. Egg ___ young
12. Photocopy
14. Legal matter
17. Back-of-the-fridge problem
19. Ghostly greeting
22. They: Fr.
23. "Merry old" king of rhyme
24. Toronto-born *60 Minutes* regular Morley
25. *Sister Act* extras
26. Calgary team
27. Britches stitches
28. ___ Horton's
29. "The Naked Maja" painter
30. Yoko ___ Lennon
32. 24 hours
34. Vocal sound
37. Give up
38. Serpentine seafood
40. Gathers bit by bit
41. Engine speed
43. Female horses
44. Bar servings
45. Posed
46. Carnivore's quarry
47. "Happy birthday" writer or NHL player at times
48. Scent for a car freshener
50. Got off
51. Expire
53. He's coming in a Three Dog Night song
54. Pet rocks, once
55. Xmas mo.



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Yesterday's Crossword



What's online

See today's answers at metronews.ca/answers.



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's Sudoku



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Friday 19°/9° Partly cloudy
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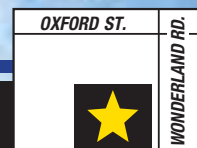
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